



# Headwaters Relay

*"All of them run with great velocity..."*

Captain Meriwether Lewis

July 28, 1805

## July 27-29, 2012

### REGISTRATION FORM

**No registration or T-shirts after July 19**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle initial \_\_\_\_\_

Mailing address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Sex: m f T-Shirt size: small med large x-large

What is your typical race pace (minutes per mile) for a 10K? \_\_\_\_\_ Team Name \_\_\_\_\_

Have you ever run a marathon? yes no Team Captain \_\_\_\_\_

Please list all the other runners on your team \_\_\_\_\_

Note: Each runner on a team must send in their own application with their own entry fee. Or, the team captain can send them in all at once.

#### Important Contract, Read Carefully:

*Waiver: I know that running the Headwaters Relay is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I understand and appreciate the inherent dangers, and I assume all risks associated with running, including, but not limited to, falls, the effects of the weather (including excessive heat, sun exposure, cold, aridity, lightning, high winds, and hail), the effects of high altitude, the conditions of the course (including extremely steep inclines and declines, uneven and rutted surfaces, loose rocks and gravel, snow and ice, and close proximity to rivers with swift currents), potentially aggressive wild and domestic animals, and large lumber or mining trucks that may appear on the route. Having read this statement and knowing these facts, I for myself and anyone entitled to act on my behalf, waive and release the Headwaters Relay Race Committee, all sponsors and volunteers from all claims and liabilities of any kind arising out of participation in this event.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's or guardian's consent required if under 18 years of age

ENTRY FEE \$60 per runner T-shirt: \$10 Total Amount enclosed \_\_\_\_\_  
(Collegiate and High School runners: \$50)

Mail Entry Form and Check Payable to Headwaters Relay, 1127 E Kagy Blvd, Bozeman, MT 59715. For more information contact Don Demetriades, 406-539-0368 [DODEMET@AOL.COM](mailto:DODEMET@AOL.COM)